

Integrales por Sustitución (Cambio de Variable)

Sección *1 Funciones algebraicas, trigonométricas y logarítmicas

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$$\int \sqrt{m+ny} dy = \frac{1}{n} \int \sqrt{m+ny} n dy = \frac{1}{n} \int \sqrt{u} du = \frac{1}{n} \cdot \frac{u^{\frac{1}{2}+1}}{\frac{1}{2}+1} + C = \frac{1}{n} \cdot \frac{u^{\frac{3}{2}}}{\frac{3}{2}} + C = \frac{2}{3n} u^{\frac{3}{2}} + C$$

$$= \frac{2}{3n} \sqrt{u^3} + C = \frac{2}{3n} \sqrt{(m+ny)^3} + C$$

$$u = m + ny$$

$$du = n dy$$

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$$\int \sqrt{5x-3} dx = \frac{1}{5} \int \sqrt{5x-3} 5 dx = \frac{1}{5} \int \sqrt{u} du = \frac{1}{5} \cdot \frac{u^{\frac{1}{2}+1}}{\frac{1}{2}+1} + C = \frac{1}{5} \cdot \frac{u^{\frac{3}{2}}}{\frac{3}{2}} + C = \frac{2}{15} u^{\frac{3}{2}} + C = \frac{2}{15} \sqrt{u^3} + C$$

$$= \frac{2}{15} \sqrt{(5x-3)^3} + C$$

$$u = 5x - 3$$

$$du = 5 dx$$

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$$\int \frac{t dt}{\sqrt{at^2+b}} = \frac{1}{2a} \int \frac{2at dt}{\sqrt{at^2+b}} = \frac{1}{2a} \int \frac{du}{\sqrt{u}} = \frac{1}{2a} \int u^{-\frac{1}{2}} du = \frac{u^{-\frac{1}{2}+1}}{-\frac{1}{2}+1} + C$$

$$= \frac{u^{\frac{1}{2}}}{\frac{1}{2}} + C = 2\sqrt{u} + C = 2\sqrt{at^2+b} + C$$

$$u = at^2 + b$$
$$du = 2at dt$$

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$$\int \frac{dx}{\sqrt[3]{9x-1}} = \frac{1}{9} \int \frac{9dx}{\sqrt[3]{9x-1}} = \frac{1}{9} \int \frac{du}{\sqrt[3]{u}} = \frac{1}{9} \int u^{-\frac{1}{3}} du = \frac{1}{9} \cdot \frac{u^{-\frac{1}{3}+1}}{-\frac{1}{3}+1} + C = \frac{1}{9} \cdot \frac{u^{\frac{2}{3}}}{\frac{2}{3}} + C$$

$$= \frac{3}{18} u^{\frac{2}{3}} + C = \frac{1}{6} \sqrt[3]{u^2} + C = \frac{1}{6} \sqrt[3]{(9x-1)^2} + C$$

$$u = 9x - 1$$
$$du = 9dx$$

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$$\int (\sqrt{x} - 4)^2 dx = \int (x - 8x^{\frac{1}{2}} + 16) dx = \int x dx - 8 \int x^{\frac{1}{2}} dx + 16 \int dx =$$

$$= \frac{x^2}{2} - \frac{8x^{\frac{3}{2}}}{\frac{3}{2}} + 16x + C = \frac{x^2}{2} - \frac{16\sqrt{x^3}}{3} + 16x + C$$

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$$\int \frac{x dx}{(3x^2 - 4)^4} = \frac{1}{6} \int \frac{6x dx}{(3x^2 - 4)^4} = \frac{1}{6} \int \frac{du}{u^4} = \frac{1}{6} \int u^{-4} du = \frac{1}{6} \cdot \frac{u^{-4+1}}{-4+1} + C =$$

$$= \frac{1}{6} \cdot \frac{u^{-3}}{-3} + C = -\frac{1}{18u^3} + C = -\frac{1}{18(3x^2 - 4)^3} + C$$

$$u = 3x^2 - 4$$
$$du = 6x dx$$

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$$\int \frac{5 dx}{(3x-4)^2} = \frac{5}{3} \int \frac{\frac{3}{5} \cdot 5 dx}{(3x-4)^2} = \frac{5}{3} \int \frac{3 dx}{(3x-4)^2} = \frac{5}{3} \int \frac{du}{u^2} = \frac{5}{3} \cdot \frac{u^{-2+1}}{-2+1} + C$$
$$= \frac{5}{3} \cdot \frac{u^{-1}}{-1} + C = -\frac{5}{3u} + C = -\frac{5}{3(3x-4)} + C$$

$$u = 3x - 4$$
$$du = 3 dx$$

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$$\int \frac{8x dx}{(2x^2+5)^4} = 2 \int \frac{4x dx}{(2x^2+5)^4} = 2 \int \frac{du}{(u)^4} = 2 \int u^{-4} du = \frac{2u^{-4+1}}{-4+1} + C$$
$$= \frac{2u^{-3}}{-3} + C = -\frac{2}{3u^3} + C = -\frac{2}{3(2x^2+5)^3} + C$$

$$u = 2x^2 + 5$$
$$du = 4x dx$$

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$$\int \frac{(\sqrt{x}-b)^2}{\sqrt{x}} dx = 2 \int \frac{(\sqrt{x}-b)^2}{2\sqrt{x}} dx = 2 \int u^2 du = \frac{2u^3}{3} + C = \frac{2(\sqrt{x}-b)^3}{3} + C$$

$$u = \sqrt{x} - b$$

$$du = \frac{1}{2\sqrt{x}} dx$$

*49

$$\int \frac{dt}{at+b} = \frac{1}{a} \int \frac{a dt}{at+b} = \frac{1}{a} \int \frac{du}{u} = \frac{1}{a} \ln u + C = \frac{1}{a} \ln|at+b| + C$$

$$u = at + b$$
$$du = a dt$$

*50

$$\int \frac{x dx}{3x^2 - 4} = \frac{1}{6} \int \frac{6x dx}{3x^2 - 4} = \frac{1}{6} \int \frac{du}{u} = \frac{1}{6} \ln u + C = \frac{1}{6} \ln|3x^2 - 4| + C$$

$$u = 3x^2 - 4$$

$$du = 6x dx$$

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$$\int \frac{dx}{x+3} = \int \frac{du}{u} = \ln u + C = \ln|x+3| + C$$

$$u = x + 3$$

$$du = dx$$

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$$\int \frac{4x dx}{2x^2 - 6} = \int \frac{du}{u} = \ln u + C = \ln|2x^2 - 6| + C$$

$$u = 2x^2 - 6$$

$$du = 4x dx$$

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$$\int \frac{(2x-3)dx}{(x^2-3x+6)^2} = \int \frac{du}{u^2} = \frac{u^{-2+1}}{-2+1} + C = -\frac{1}{u} + C = -\frac{1}{x^2-3x+6} + C$$

$$u = x^2 - 3x + 6$$

$$du = (2x - 3)dx$$

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$$\int (x^2 - 2)\sqrt{x^3 - 6x + 3} dx = \frac{1}{3} \int 3(x^2 - 2)\sqrt{x^3 - 6x + 3} dx = \frac{1}{3} \int \sqrt{u} du = \frac{1}{3} \frac{u^{\frac{1}{2}+1}}{\frac{1}{2}+1} + C =$$

$$\frac{1}{3} \frac{u^{\frac{3}{2}}}{\frac{3}{2}} + C = \frac{2}{9} \sqrt{u^3} + C = \frac{2}{9} \sqrt{(x^3 - 6x + 3)^3} + C$$

$$u = x^3 - 6x + 3$$
$$du = (3x^2 - 6)dx$$

*55

$$\int \frac{y^{n-1} dy}{(ay^n + b)^m} = \frac{1}{na} \int \frac{nay^{n-1} dy}{(ay^n + b)^m} = \frac{1}{na} \int \frac{du}{u^m} = \frac{1}{na} \int u^{-m} du = \frac{1}{na} \cdot \frac{u^{1-m}}{1-m} + C = \frac{(ay^n + b)^{1-m}}{na - nam} + C$$

$$u = ay^n + b$$
$$du = nay^{n-1} dy$$

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$$\int e^{3x}(1 - e^{3x})^2 dx = -\frac{1}{3} \int -3e^{3x}(1 - e^{3x})^2 dx = -\frac{1}{3} \int u^2 du = -\frac{1}{3} \cdot \frac{u^{2+1}}{2+1} + C$$
$$= -\frac{1}{3} \cdot \frac{u^3}{3} + C = -\frac{1}{9}(1 - e^{3x})^3 + C$$

$$u = 1 - e^{3x}$$
$$du = -3e^{3x} dx$$

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$$\int \frac{(4 - \ln|x + 3|)^3 dx}{x + 3} = \int u^3 du = \frac{u^{3+1}}{3+1} + C = \frac{u^4}{4} + C = \frac{(4 - \ln|x + 3|)^4}{4} + C$$

$$u = 4 - \ln|x + 3|$$

$$du = \frac{dx}{x + 3}$$

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$$\int \cos 4x (1 - \operatorname{sen} 4x)^3 dx = -\frac{1}{4} \int -4 \cos 4x (1 - \operatorname{sen} 4x)^3 dx = -\frac{1}{4} \int u^3 du = -\frac{1}{4} \cdot \frac{u^{3+1}}{3+1} + C$$
$$= -\frac{1}{16} u^4 + C = -\frac{1}{16} (1 - \operatorname{sen} 4x)^4 + C$$

$$u = 1 - \operatorname{sen} 4x$$
$$du = -4 \cos 4x dx$$

*59

$$\int \csc^2 x \sqrt{3 + \cot x} dx = \int \sqrt{u} du = \frac{u^{\frac{1}{2}+1}}{\frac{1}{2}+1} + C = \frac{u^{\frac{3}{2}}}{\frac{3}{2}} + C = \frac{2}{3} \sqrt{u^3} + C = \frac{2}{3} \sqrt{(3 + \cot x)^3} + C$$

$$u = 3 + \cot x$$
$$du = -\csc^2 x dx$$

*60

$$\int \frac{\sec 2x \tan 2x}{\sqrt{1 - \sec 2x}} dx = -\frac{1}{2} \int \frac{-2 \sec 2x \tan 2x}{\sqrt{1 - \sec 2x}} dx = -\frac{1}{2} \int u^{-\frac{1}{2}} du = -\frac{1}{2} \cdot \frac{u^{-\frac{1}{2}+1}}{-\frac{1}{2}+1} + C$$
$$= -\frac{1}{2} \cdot \frac{u^{\frac{1}{2}}}{\frac{1}{2}} + C = -\sqrt{u} + C = -\sqrt{1 - \sec 2x} + C$$

$$u = 1 - \sec 2x$$
$$du = -2 \sec 2x \tan 2x dx$$

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$$\int \frac{\cos ax}{1 - \operatorname{sen} ax} dx = -\frac{1}{a} \int \frac{-a \cos ax}{1 - \operatorname{sen} ax} dx = -\frac{1}{a} \int \frac{du}{u} = -\frac{1}{a} \ln|u| + C = -\frac{1}{a} \ln|1 - \operatorname{sen} ax| + C$$

$$u = 1 - \operatorname{sen} ax$$
$$du = -a \cos ax dx$$

*62

$$\int \frac{e^{\sqrt{x}} \sqrt{e^{\sqrt{x}} - 1}}{\sqrt{x}} dx = 2 \int \frac{e^{\sqrt{x}} \sqrt{e^{\sqrt{x}} - 1}}{2\sqrt{x}} dx = 2 \int \sqrt{u} du = \frac{2u^{\left(\frac{1}{2}+1\right)}}{\frac{1}{2}+1} + C = \frac{2u^{\frac{3}{2}}}{\frac{3}{2}} + C = \frac{4}{3} \sqrt{u^3} + C$$

$$= \frac{4}{3} \sqrt{(e^{\sqrt{x}} - 1)^3} + C$$

$$u = e^{\sqrt{x}} - 1$$

$$du = e^{\sqrt{x}} \cdot \frac{1}{2\sqrt{x}} dx$$

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$$\int \cot x (2 + \ln |\operatorname{sen} x|) dx = \int u du = \frac{u^2}{2} + C = \frac{(2 + \ln |\operatorname{sen} x|)^2}{2} + C$$

$$u = 2 + \ln |\operatorname{sen} x|$$

$$du = \cot x dx$$

*64

$$\int \frac{\operatorname{sen} 2x dx}{(1 - \cos^2 x)^3} = 2 \int \frac{\operatorname{sen} x \cos x dx}{(\operatorname{sen}^2 x)^3} = 2 \int \frac{\cos x dx}{\operatorname{sen}^5 x} = 2 \int u^{-5} du = \frac{2u^{-5+1}}{-5+1} + C = \frac{2u^{-4}}{-4} + C$$

$$= -\frac{1}{2u} + C = -\frac{1}{2 \operatorname{sen} x} + C = -\frac{1}{2} \operatorname{csc} x + C$$

$$\operatorname{sen}^2 x = 1 - \cos x$$

$$\operatorname{sen} 2x = 2 \operatorname{sen} x \cos x$$

$$u = \operatorname{sen} x$$

$$du = \cos x dx$$

*65

$$\int \operatorname{sen}^2 bx \cos bx dx = \frac{1}{b} \int \operatorname{sen}^2 bx \cdot b \cos bx dx = \frac{1}{b} \int u du = \frac{u^2}{2b} + C = \frac{\operatorname{sen}^2 bx}{2b} + C$$

$$u = \operatorname{sen} bx$$
$$du = b \cos bx \, dx$$

*66

$$\int \cot mx \operatorname{csc}^2 mx \, dx = -\frac{1}{m} \int -m \cot mx \operatorname{csc}^2 mx \, dx = -\frac{1}{m} \int u \, du = -\frac{u^2}{2m} + C = -\frac{\cot^2 mx}{2m} + C$$

$$u = \cot x$$
$$du = -m \operatorname{csc}^2 mx \, dx$$

*67

$$\int \cos^2 4x \operatorname{sen} 4x \, dx = -\frac{1}{4} \int -4 \cos^2 4x \operatorname{sen} 4x \, dx = -\frac{1}{4} \int u^2 \, du = -\frac{1}{4} \cdot \frac{u^{2+1}}{2+1} + C = -\frac{1}{12} u^3 + C$$

$$= -\frac{1}{12} \cos^3 4x + C$$

$$u = \cos 4x$$
$$du = -4 \operatorname{sen} 4x \, dx$$

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$$\int \frac{\cos 5x}{\sqrt{\operatorname{sen} 5x + 4}} \, dx = \frac{1}{5} \int \frac{5 \cos 5x}{\sqrt{\operatorname{sen} 5x + 4}} \, dx = \frac{1}{5} \int u^{-\frac{1}{2}} \, du = \frac{1}{5} \cdot \frac{u^{\frac{1}{2}}}{\frac{1}{2}} + C = \frac{2}{5} \sqrt{u} + C = \frac{2}{5} \sqrt{\operatorname{sen} 5x + 4} + C$$

$$u = \operatorname{sen} 5x + 4$$
$$du = 5 \cos 5x \, dx$$

*69

$$\int \frac{4x+2}{x+2} \, dx = 4 \int \frac{x+\frac{1}{2}}{x+2} \, dx = 4 \int \frac{(x+2) - \frac{3}{2}}{x+2} \, dx = 4 \int dx - 6 \int \frac{dx}{x+2} = 4x - 6 \ln|x+2| + C$$

$$u = x + 2$$

$$du = dx$$

*70

$$\int \frac{(3x^2 + 2)dx}{x - 1} = \int \left(3x + 3 + \frac{5}{x - 1} \right) dx = 3 \int x dx + 3 \int dx + 5 \int \frac{dx}{x - 1}$$

$$= \frac{3x^2}{2} + 3x + 5 \ln|x - 1| + C$$

$$u = x - 1$$

$$du = dx$$

*71

$$\int \frac{dy}{y \ln^2 y} = \int u^{-2} du = \frac{u^{-2+1}}{-2+1} + C = -\frac{1}{u} + C = -\frac{1}{\ln y} + C$$

$$u = \ln y$$

$$du = \frac{1}{y} dy$$

*72

$$\int \frac{dx}{2x \ln 3x} = \frac{1}{2} \int \frac{dx}{x(\ln 3 + \ln x)} = \frac{1}{2} \int \frac{du}{u} = \frac{1}{2} \ln u + C = \frac{1}{2} \ln|\ln 3x| + C$$

$$\ln 3x = \ln 3 + \ln x$$

$$u = \ln 3 + \ln x$$

$$du = \frac{1}{x} dx$$

*73

$$\int x^n \sqrt{ax^{n+1} + b} dx = \frac{1}{a(n+1)} \int a(n+1)x^n \sqrt{ax^{n+1} + b} dx = \frac{1}{a(n+1)} \int u^{\frac{1}{2}} du =$$
$$= \frac{1}{a(n+1)} \cdot \frac{u^{\frac{1}{2}+1}}{\frac{1}{2}+1} + C = \frac{1}{a(n+1)} \cdot \frac{u^{\frac{3}{2}}}{\frac{3}{2}} + C = \frac{2\sqrt{u^3}}{3a(n+1)} + C = \frac{2\sqrt{(ax^{n+1} + b)^3}}{3a(n+1)} + C$$

$$u = ax^{n+1} + b$$

$$du = a(n+1)x^n dx$$

*74

$$\int \frac{1}{x^3} \sqrt{1 - \frac{1}{x^2}} dx = \frac{1}{2} \int \frac{2}{x^3} \sqrt{1 - \frac{1}{x^2}} dx = \frac{1}{2} \int u^{\frac{1}{2}} du = \frac{1}{2} \cdot \frac{u^{\frac{1}{2}+1}}{\frac{1}{2}+1} + C = \frac{1}{2} \cdot \frac{u^{\frac{3}{2}}}{\frac{3}{2}} + C$$

$$= \frac{1}{3} \sqrt{u^3} + C = \frac{1}{3} \sqrt{\left(1 - \frac{1}{x^2}\right)^3} + C$$

$$u = 1 - \frac{1}{x^2}$$

$$du = 2x^{-3} dx$$

*75

$$\int \csc^2 3x \cos 3x dx = \int \frac{\cos 3x}{\operatorname{sen}^2 3x} dx = \frac{1}{3} \int \frac{3 \cos 3x}{\operatorname{sen}^2 3x} dx = \frac{1}{3} \int u^{-2} du = \frac{1}{3} \left(\frac{u^{-2+1}}{-2+1} \right) + C = \frac{1}{3} \left(\frac{u^{-1}}{-1} \right) + C$$

$$= -\frac{1}{3u} + C = -\frac{1}{3 \operatorname{sen} 3x} + C$$

$$u = \operatorname{sen} 3x$$

$$du = 3 \cos 3x dx$$

*76

$$\int \left(\frac{2}{(x+1)^3} - \frac{3}{(x+1)^2} + \frac{4}{x+1} \right) dx = 2 \int \frac{dx}{(x+1)^3} - 3 \int \frac{dx}{(x+1)^2} + 4 \int \frac{dx}{x+1}$$

$$= 2 \int u^{-3} du - 3 \int u^{-2} du + 4 \int \frac{du}{u} = \frac{2u^{-2}}{-2} - \frac{3u^{-1}}{-1} + 4 \ln|u| + C$$

$$= -\frac{1}{u^2} + \frac{3}{u} + 4 \ln|u| + C = -\frac{1}{(x+1)^2} + \frac{3}{x+1} + 4 \ln|x+1| + C$$

$$u = x + 1$$

$$du = dx$$

*77

$$\int \left(\frac{3}{x+2} - \frac{4}{x+5} \right) dx = 3 \int \frac{dx}{x+2} - 4 \int \frac{dx}{x+5} = 3 \ln|x+2| - 4 \ln|x+5| + C$$

*78

$$\int \left(\frac{3}{2x-1} + \frac{5}{3x-4} \right) dx = 3 \int \frac{dx}{2x-1} + 5 \int \frac{dx}{3x-4} = \frac{3}{2} \int \frac{2dx}{2x-1} + \frac{5}{3} \int \frac{3dx}{3x-4} = \frac{3}{2} \ln|2x-1| + \frac{5}{3} \ln|3x-4| + C$$

$$u = 2x - 1$$

$$du = 2 dx$$

$$v = 3x - 4$$

$$dv = 3 dx$$

*79

$$\int \frac{\operatorname{sen} x}{\sqrt[3]{\cos^2 x}} dx = - \int \frac{-\operatorname{sen} x}{\sqrt[3]{\cos^2 x}} dx = - \int u^{-\frac{2}{3}} du = -\frac{u^{-\frac{2}{3}+1}}{-\frac{2}{3}+1} + C = -\frac{u^{\frac{1}{3}}}{\frac{1}{3}} + C = -3\sqrt[3]{u} + C = -3\sqrt[3]{\cos x} + C$$

$$u = \cos x$$

$$du = -\operatorname{sen} x dx$$

*80

$$\int \operatorname{sen}^3 x \operatorname{sen} 2x \, dx = \int \operatorname{sen}^3 x \cdot 2 \operatorname{sen} x \cos x \, dx = 2 \int \operatorname{sen}^4 x \cdot \cos x \, dx = 2 \int u^4 \, du = \frac{2u^5}{5} + C = \frac{2\operatorname{sen}^5 x}{5} + C$$

$$\operatorname{sen} 2x = 2 \operatorname{sen} x \cos x$$

$$u = \operatorname{sen} x$$

$$du = \cos x \, dx$$

*81

$$\int \frac{dw}{\operatorname{sen}^2 \sqrt{1 - \cot w}} = \int u^{-\frac{1}{2}} \, du = \frac{u^{-\frac{1}{2}+1}}{-\frac{1}{2}+1} + C = \frac{u^{\frac{1}{2}}}{\frac{1}{2}} + C = 2\sqrt{u} + C = 2\sqrt{1 - \cot w} + C$$

$$\frac{1}{\operatorname{sen}^2 w} = \operatorname{csc}^2 w$$

$$u = 1 - \cot w$$

$$du = \operatorname{csc}^2 w \, dw$$

*82

$$\begin{aligned} \int \frac{3 \operatorname{sen} y \cos y}{\sqrt{1 - 2\operatorname{sen}^2 y}} \, dy &= 3 \int \frac{\operatorname{sen} y \cos y}{\sqrt{1 - 2\operatorname{sen}^2 y}} \, dy = \frac{3}{2} \int \frac{2\operatorname{sen} y \cos y}{\sqrt{1 - 2\operatorname{sen}^2 y}} \, dy = \frac{3}{2} \int \frac{\operatorname{sen} 2y}{\sqrt{\cos 2y}} \, dy = -\frac{3}{4} \int \frac{-2 \operatorname{sen} 2y}{\sqrt{\cos 2y}} \, dy = -\frac{3}{4} \int u^{\frac{1}{2}} \, du \\ &= -\frac{3}{4} \frac{u^{-\frac{1}{2}+1}}{-\frac{1}{2}+1} + C = -\frac{3}{4} \frac{u^{\frac{1}{2}}}{\frac{1}{2}} + C = -\frac{3}{2} \sqrt{u} + C = -\frac{3}{2} \sqrt{\cos 2y} + C \end{aligned}$$

$$1 - 2\operatorname{sen}^2 y = \cos 2y$$

$$2 \operatorname{sen} y \cos y = \operatorname{sen} 2y$$

$$u = \cos 2y$$

$$du = -2\operatorname{sen} 2y \, dy$$

*83

$$\int \sqrt{1 + \cos x} \, dx = \int \sqrt{1 + \cos x} \cdot \frac{\sqrt{1 - \cos x}}{\sqrt{1 - \cos x}} \, dx = \int \frac{\sqrt{1 - \cos^2 x}}{\sqrt{1 - \cos x}} \, dx = \int \frac{\sqrt{\operatorname{sen}^2 x}}{\sqrt{1 - \cos x}} \, dx = \int \frac{\operatorname{sen} x}{\sqrt{1 - \cos x}} \, dx$$

$$= \int u^{\frac{1}{2}} du = \frac{u^{-\frac{1}{2}+1}}{-\frac{1}{2}+1} + C = \frac{u^{\frac{1}{2}}}{\frac{1}{2}} + C = 2\sqrt{u} + C = 2\sqrt{1-\cos x} + C$$

$$u = 1 - \cos x$$

$$du = \operatorname{sen} x \, dx$$

*84

$$\int \frac{\operatorname{sen}^{\frac{3}{4}} x}{\cos^{\frac{11}{4}} x} dx = \int \frac{\operatorname{sen}^{\frac{3}{4}} x}{\cos^{\frac{3}{4}} x \cdot \cos^2 x} dx = \int \sqrt[4]{\tan^3 x} \cdot \sec^2 x \, dx = \int u^{\frac{3}{4}} du = \frac{u^{\frac{3}{4}+1}}{\frac{3}{4}+1} + C = \frac{u^{\frac{7}{4}}}{\frac{7}{4}} + C$$

$$= \frac{4}{7} \sqrt[4]{u^7} + C = \frac{4}{7} \sqrt[4]{\tan^7 x} + C$$

$$u = \tan x$$

$$du = \sec^2 x \, dx$$